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CHECKLIST

# Self-Exclusion Support Checklist for Families and Schools

- [ ] Explain what self-exclusion covers and what gaps remain
- [ ] Install blocking software on all shared devices
- [ ] Arrange a transaction block with the young person's bank
- [ ] Identify triggers and agree practical alternatives for high-risk moments
- [ ] Connect the young person with ongoing counselling or peer support
- [ ] Check in regularly without judgement during the exclusion period
- [ ] Keep a record of which devices and accounts the young person has access to