CHECKLIST

# Parental controls checklist for gambling content

- [ ] Log in to your home router and enable gambling content blocking under parental controls.
- [ ] Configure Screen Time, Family Link or equivalent built-in controls on each device your child uses, setting a passcode only you know.
- [ ] Contact your child's mobile network to confirm age-appropriate filtering is active on their SIM or phone contract.
- [ ] Install Gamban or BetBlocker on devices that have previously accessed gambling sites or are at higher risk.
- [ ] Test each layer by attempting to visit a gambling site on Wi-Fi and mobile data from the devices your child uses.
- [ ] Explain to your child why the controls are in place and what gambling harm is.
- [ ] Review settings every few weeks to ensure software updates or configuration changes have not disabled a filter.