CHECKLIST

Checklist: reducing gambling advertising in your home

- [ ] Enable parental controls on every device your child uses
- [ ] Install Gamban or BetBlocker to block gambling sites
- [ ] Disable in-app purchases through device settings
- [ ] Review privacy settings on social media accounts together
- [ ] Block accounts that post gambling or betting content
- [ ] Talk about one piece of gambling advertising you see together each week
- [ ] Set screen time limits and review what your child watches regularly